

# ENCOURAGING WORDS

THAT EVERY

# PARENT

NEEDS TO HEAR RIGHT NOW

My home is a safe place.

I am resilient and can get through anything.

I am exactly who my kid needs.

I am grateful for the time I have with my kids today.

My greatest contribution to the world may not be something I do, but someone I raise.

Taking care of myself is part of taking care of my family.

I am a leader to my children.

My home is full of love and joy.

I do what it takes to give the best to my family.

I am my children's rock.

My little family is the best team I could ever have.

I am making happy memories with my child.

Everything I do serves a purpose for my family.

My kids trust me and look up to me.

I am a great role model for my children.

I deserve time to myself.

Parenthood is not easy, but I can do it.

My family and I are in this together, we got this!

I am leaving a legacy of love.

If at the end of the day, everyone feels loved, I have done enough.